

Tessa C. Langley

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EDUCATION/ TRAINING

- 2008-2012 University of Utah, Salt Lake City, Utah; Expected Graduation with a B.F.A. Modern Dance, May 2012 | G.P.A. 3.255
- 2004-2008 Booker T. Washington High School for the Performing & Visual Arts, Dallas, Texas; High Honors in Dance Performance; Academic High Honors
- 1995-2008 Amanda's Dance Express, Grand Prairie, Texas

AWARDS

- 2009 Adrenaline Dance Crew (Independent)
- 2008 Coordinator's Choice Award (BTW)
- 2008 Graduated with High Honors Dance (BTW)
- 2008 Graduated with High Honors Academic (BTW)
- 2008 Adrenaline Dance Crew (ADX)
- 2007 NFAA Presidential Scholar in the Arts; Honorable Mention World Dance, West African
- 2006 Tremaine Studio Dancer of the Year (ADX)
- 2005-2008 National Honor Society, NHS Treasurer 2007-2008

ORGANIZATIONS

- 2011-2012 Senior Council
- 2011-2012 Intramural Sports; Soccer for Newmanites
- 2011-2012 ASUU Fine Arts Assembly Representative, Representative Langley
- 2011-2012 CMLT (Campus Ministry Leadership Team), Service Group Leader
- 2010-2012 BSU (Black Student Union), 2011-2012 Vice President
- 2007-2008 Mandingo under the direction of Moussa Diabate
- 2005-2008 ADE (African Dance Ensemble BTW), Rehearsal Captain 2007-2008
- 2004-2008 xtremeDancers, Images Contemporary Dance Company, FIRE! (ADX)

COURSEWORK – UNIVERSITY OF UTAH

2008-2012 Teaching Methods Secondary, Children’s Teaching Methods, Modern Technique Theory I-III, Ballet Technique Theory I-III, Jazz and Advanced Jazz, West African Dance, Latin Dance, Movement and Culture, Pilates Mat, Crossfit, Rhythmic Analysis and Percussion Accompaniment, Music Resources in Choreography, Choreography/Improvisation, Advanced Improvisation, Bartenieff Fundamentals, Composition, Dance Kinesiology, Dance History, Costuming, Dance Production/Lighting Practicum, Contemporary Views, Elements of Music, Freshman Seminar, and Senior Capstone

WORK EXPERIENCE

2011-2012 ASUU Fine Arts Assembly Representative (UU)
Vice-President BSU (UU)

Fall 2011 Wasatch Elementary School (UU) – Through my Elementary Teaching Methods class, under the direction of Ann Carter; I taught at Wasatch Elementary School in a group with one other student. We taught 4 classes.

2009-Present Prodigy Dance Studio, Holladay, Utah – Teacher, Beg-Intermediate Tap, Jazz 1-2, Hip Hop Kindergarten-4th grade, Ballet 2

2008-Present Work Study (UU) – Rocky Mountain Center for Occupational and Environmental Health (RMCOEH) Research Assistant

Summer 2008 Amanda’s Dance Express, Grand Prairie, Texas –Teacher for Hip Hop and Substitute Teacher (All company and recreational levels ballet, tap, jazz, modern, Hip Hop); Office Assistant

2004-2008 Amanda’s Dance Express, Grand Prairie, Texas – Company Rehearsal Director, Teacher for preschool through high school, (ballet, jazz, tap, lyrical/contemporary); Substitute Teacher (all company and recreational levels ballet, tap, jazz, modern); Office Assistant

CHOREOGRAPHY

2012 Rhympassionique

2012 Prodigy Dance Studio, Queen Bee (Jazz II), Lollipop Guild (Ballet II-III), Once Upon a Time In Rio (Tap III)

2011 Prodigy Dance Studio, Celebrating Culture (Jazz 1), Celebrating Girly Girls (Hip hop 1), Celebrating Sound (Tap 3), and Celebrating Birds (Jazz 2).

2010 Prodigy Dance Studio, Trashin’ the Camp (Tap 2)

2008 My Bad, Jump Around, Bratz Girls, Pulse

2007 Show Off, Kihikihi, Assyrian Rain

MASTER CLASSES

Kim Abel, Ruth Andrien, Griff Braun, Yamoussa Camara, Nicholas Cendece, Elisa Clark, Thom Clower, Youssef Combassa, Robin Conners, Dylis Croman, Chuck Davis, Linda Davis, Fred Dursow, Tyler Dvorak, Dan Edwards, Ford Evans, Nina Flagg, Titus Fotso, Sarah Franco, Jay Franke, Gus Giordanno, Melissa Glasgow, Solonge Gomez, Grupo Corpo, Elaine Kudo, Mauro Romualdo, Mestrando Jamaika, Denise Jefferson, Holly Johnston, Jennifer Kayle, Alla Khaniashvilli, Colleen Hoelscher, Nicholas Leichter, Stephani Liapis, Kim McSwain, John Mead, Maputo Mensah, Mawue Mensah, Momix Dancers, Ceyhun Ozoy, Pilobolus Dancers, Poreotics, Dwight Rhoden, Kaye Richards, Desmond Richardson, Jeff Micheal Rubedal, Mathew Rushing, Alassan Saar, Brent Schneider, Kanji Segawa, Nathan Shaw, Danielle Short, George Smallwood, Linda Smith, Christopher Vo, Aaron Wood, Ririe Woodberry Artistic Director, Myra Woodruff, Darrin Wright, Edgar Zendejas

WORKSHOPS/INTENSIVES

- 2010 American College Dance Festival
- 2009 Adrenaline
- 2008 International Association of Blacks In Dance (IABD); Adrenaline
- 2007 Adrenaline

CHOREOGRAPHERS

Denise Bailey, Belle Baggs, Camille Brown, Pam Chu, Jonathan Campbell, Moussa Diabate, Chuck Davis, Nick DiNicolangelo, Chris DuPree, Laurie Johnson, Chlo  Langley, Garfield Lemonius, Chelsea McCall Lujan, Kendra Porter, Joey Tarwater, Sonya Tayeh, Amanda Thomas, Camille Thompson, Keith Thompson, Lily Cabatu Weiss, Alexis Willson and Nick Zborowski.

PERFORMANCE EXPERIENCE

2008-2012

- Senior Choreography Concert, On Your Mark (UU) – Premi re Rhympassionique (choreographer) (UU)
- Senior Choreography Concert, Clustercuss (UU) – There’s No Map For This Thing, Amanda Thomas
- Student Choreography Concert (UU) - Premi re Louisiana Lullaby, Chlo  Langley
- Senior Choreography Concert, XXI (UU) - Premi re Somewhere Between, Chelsea McCall Lujan
- Graduate Salon Concert (UU) - Breaking Dishes, Belle Baggs
- Senior Choreography Concert – Premi re Kihikihi (choreographer) (BTW)
- Senior Showcase – Rassambleman, Sunnu, Sinte (soloist) (BTW)
- On Stage! At the Eisman – Sorsonet (soloist and drummer) Apple Bottom Jeans (Choreography by Camille Brown)(BTW)
- New Works Concert – Premi re Yankadi & Makru (BTW)

- Repertory Workshop – Premi re Where Old Meets New (short film, dancer) (BTW)
- Dance for the Planet - Sorsonet (soloist and drummer) (BTW), Coin Operated Boy, Maneater, FIRE! (ADX)
- Moussa Diabate’s Mandingo
- Young Audiences of North Texas Under Big Thought (BTW)
- Adrenaline Dance Crew; Salt Lake City

2006 – 2007

- Dance Africa with Chuck Davis’ African American Dance Ensemble
- Senior Choreography Concert, Premi re Epiphany (principal) (BTW)
- Senior Showcase, Sorsonet, Mandiani (BTW)
- Evening of Dance, On Stage! At The Latino Cultural Center (BTW)
- Evening of ADE, Kou Kou (soloist), Sorsonet (Soloist and Drummer) (BTW)
- Repertory Workshop, Sunnu (BTW)
- Dance For The Planet (BTW), Premi re Portals, FIRE! (ADX)
- Young Audiences of North Texas Under Big Thought (BTW)

2005 – 2006

- South Dallas Dance Festival, Premi re Burdens Duo (ADX)
- Choreographing Seniors’ Showcase (BTW)
- Senior Showcase (BTW)
- Choreographers’ Showcase (BTW)
- Dance for the Planet (BTW) (ADX)
- Young Audiences of North Texas Under Big Thought (BTW)
- Repertory Workshop (BTW)
- TOTA (Taste of the Arts) Tiriba (BTW)

2004 – 2005

- South Dallas Dance Festival – Premi re My Troubled Resting Place (ADX)
- Senior Choreography Concert (BTW)
- Choreographers’ Showcase, Premi re Expect Delays (BTW)
- Dance for the Planet, Premi re Plague, FIRE! (ADX)
- Repertory Workshop (BTW)

1998 – 2008 (ADX)

- Competition/convention dance participation Adrenaline (’08 regional/national member Adrenaline Dance Crew), Hall of Fame, LA Underground, Dupre, Monsters of Hip Hop, Stage One, Star Systems, Tremaine (’06 Studio Dancer of the Year)

1996 – 2008

- (ADX) Annual Spring Concerts

PUBLICATIONS

Hegmann KT, ed. Evidence-based Practice Distal Upper Extremities Panel. Forearm, wrist, and hand disorders. In: Glass LS, ed. Occupational Medicine Practice Guidelines: Evaluation and Management of Common Health Problems and Functional Recovery in Workers. 2nd ed. Elk Grove Village, Ill: American College of Occupational and Environmental Medicine; 2009.

COMMUNITY SERVICE

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| 2012 | YWCA under the Bennion Center at the University of Utah 2012
Service outreach with CMLT for the Homeless |
| 2009-2011 | Salt Lake City Animal Shelter |
| 2005-2008 | Young Audiences of North Texas, Under Big Thought (BTW) (04-07) |
| 2004-2008 | Pro-bono Audition choreography (ADX) (04-08) |

REFERENCES – AVAILABLE UPON REQUEST